

## Additional History for Multiple Sclerosis Patients

This questionnaire was developed to compile information about all of the Multiple Sclerosis patients in our practice. This questionnaire is completely optional. All of your information will remain confidential. We may at some time, compile the statistics of everyone's information in future articles that could be published. In the event any of the data is used, your information will only be associated with a number, never your name or initials.

Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Marital Status (Married, Single, Divorced): \_\_\_\_\_

**Date and Age when first symptoms of MS occurred:** \_\_\_\_\_

**What were your first symptoms?** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Date of first diagnosis with MS: \_\_\_\_\_ Age at first diagnosis: \_\_\_\_\_

### Methods used to diagnose- check all that apply:

<input type="checkbox"/> MRI of Brain	Evidence of MS? Yes / No
<input type="checkbox"/> MRI of Cervical Spine	Evidence of MS? Yes / No
<input type="checkbox"/> MRI of Thoracic Spine	Evidence of MS? Yes / No
<input type="checkbox"/> Lumbar Puncture/Spinal Tap	Evidence of MS? Yes / No
<input type="checkbox"/> Visual Evoked Potentials	Evidence of MS? Yes / No
<input type="checkbox"/> Optical Coherence Tomography	Evidence of MS? Yes / No

**Names of the healthcare providers that previously followed you:** \_\_\_\_\_

\_\_\_\_\_

**Were you first diagnosed with Relapsing Remitting Multiple Sclerosis?** Yes / No

**Do you know which category you would fit into now?**

\_\_\_ Relapsing Remitting- intermittent exacerbations and improvements

\_\_\_ Secondary Progressive- intermittent exacerbations that lead to a gradual worsening

\_\_\_ Primary Progressive- gradual worsening without exacerbations or improvements

**Of the following associated symptoms, please check those that you have experienced:**

\_\_\_ Fatigue

\_\_\_ Bladder dysfunction

\_\_\_ Slurred Speech

\_\_\_ Numbness

\_\_\_ Bowel dysfunction

\_\_\_ Emotional changes

\_\_\_ Tingling

\_\_\_ Sexual dysfunction

\_\_\_ Personality changes

\_\_\_ Pain

\_\_\_ Muscle spasms

\_\_\_ Depression

\_\_\_ Weakness

\_\_\_ Blurry vision

\_\_\_ Cognitive Problems

\_\_\_ Tremors

\_\_\_ Double vision

\_\_\_ Memory Loss

\_\_\_ Gait problems

\_\_\_ Balance problems

Other: \_\_\_\_\_

\_\_\_ Poor coordination

\_\_\_ Dizziness

\_\_\_\_\_

**If you have relapses/exacerbations, how often do they occur?** \_\_\_\_\_

**How many total relapses have you had?** \_\_\_\_\_

**When was your last relapse?** \_\_\_\_\_

**Have you ever been treated with:**

\_\_\_ Oral Steroids (e.g. Prednisone)

Side effects? Yes / No

\_\_\_ IV Steroids (e.g. Solumedrol)

Side effects? Yes / No

\_\_\_ Corticotropins (e.g. ACTHar gel)

Side effects? Yes / No

\_\_\_ Plasma Exchange

Side effects? Yes / No

\_\_\_ IVIG

Side effects? Yes / No

**Were these treatments effective in relieving your symptoms?** Yes / No

**Comments:** \_\_\_\_\_

\_\_\_\_\_

**Are you currently on a disease modifying therapy?** Yes / No

Current disease modifying therapy: \_\_\_\_\_

Date started: \_\_\_\_\_

**Past disease modifying therapies used:**

Name of medication	Date Started	Date Ended	Reason for discontinuation

**Are you currently taking Ampyra?** Yes / No

**Any prior use of chemotherapies?** Yes / No

**JC Virus Status:**

\_\_\_\_ JC virus positive by blood test

\_\_\_\_ JC virus negative by blood test

\_\_\_\_ Never tested / Do not know

**Have you ever been involved in any MS related research?** Yes / No

**If yes, please describe:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Which of the following best describes your level of physical activity?**

I can ambulate more than ¼ mile without any difficulty or any assistive devices

I can ambulate more than ¼ mile with some level of assistance.

Assistance Used: \_\_\_\_\_

I can ambulate less than ¼ mile using a cane

I can ambulate less than ¼ mile using a walker

I can only ambulate short distance with a cane

I can only ambulate short distance with a walker

I cannot ambulate; I use a wheelchair for all mobility, independently

I cannot ambulate; I use a wheelchair for all mobility, but require assistance with mobility and transfers

**Do you require assistance with activities of daily living?** Yes / No

**Comments:** \_\_\_\_\_

\_\_\_\_\_

**Are you able to perform gainful employment?** Yes / No

**Comments:** \_\_\_\_\_

\_\_\_\_\_

**Where were you born?** \_\_\_\_\_

**Where did you live for the first 15 years of your life?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Biological Relatives Diagnosed with MS?** Yes / No

**How are they related to you?** \_\_\_\_\_

**Do you have other chronic conditions such as Arthritis, Lupus, or Fibromyalgia?**

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**Were these diagnosed before or after MS?** \_\_\_\_\_

Thank you very much for taking the time to provide this information. We appreciate your effort. By signing below, it only indicates that the information you have provided is accurate to the best of your knowledge and does not indicate any agreement or obligation.

**Printed Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date :** \_\_\_\_\_